

Video Encyclopedia of Pool Practice (VEPP)

Disc I – Fundamentals and Basic CB Control

dr-dave-billiards.com

1. Preliminaries and Fundamentals

1. training aids (5:05)
2. using the "little white donuts" (5:35)
3. using the "ring" target (6:12)
4. using the ball target (6:28)
5. stroke fundamentals review (6:42)
6. stroke on line check (7:53)
7. short MOFUDAT (8:23)
8. long MOFUDAT (9:43)
9. stroke balls into pocket (12:40)
10. stroke rail-frozen balls into pocket (14:24)
11. straight-in visual alignment drill (15:22)

2. Aiming and Cut Shots

12. ghost-ball visualization (17:52)
13. ghost-ball drill (19:50)
14. pre-shot routine (20:26)
15. PP cut drill "1D" (21:59)
16. PP cut drill "2D" (23:26)
17. PP cut drill "3D" (24:09)
18. PP cut drill "4D" (24:57)
19. PP cut drill "5D" (25:54)
20. drill from both sides (26:52)
21. PP rail cut shot drill (28:08)

3. Speed Control

22. speed control examples (25:54)
23. lag drill (29:33)
24. successive touch shot challenge drill (31:11)
25. repeated touch shot challenge drill (33:01)
26. "pocket speed" drill (34:54)
27. angled "pocket speed" drill (35:25)

4. Stop Shot

28. stop shot examples (36:18)
29. stop-shot spin visualization (36:36)
30. PP stop shot drill "1A" (38:12)
31. PP stop shot drill "2A" (39:36)
32. PP stop shot drill "3A" (40:07)

5. Follow Shot

33. follow shot examples (40:51)
34. PP follow shot drill "1B" (41:09)
35. PP follow shot drill "2B" (42:35)
36. PP follow shot drill "3B" (43:06)
37. PP follow shot drill "4B" (43:46)
38. PP follow shot drill "5B" (45:06)

6. Draw Shot

39. draw shot examples (45:51)
40. draw technique review (46:35)
41. beginner draw drill (47:42)
42. PP draw drill "1C" (48:28)
43. PP draw drill "2C" (49:27)
44. PP draw drill "3C" (50:14)
45. PP draw drill "4C" (50:56)
46. PP draw drill "5C" (51:40)
47. "ring around the side" drill (52:30)
48. "circle of balls" drill (54:17)
49. "draw to the cushion" challenge drill (55:43)
50. "race to the cushion" draw challenge drill (57:47)
51. "repeated draw" challenge drill (58:43)

7. Follow and Draw

52. follow and draw challenge into the side (1:00:00)
53. run through and stun back drill (1:02:19)