System for Aiming With Sidespin (SAWS)

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- 1. Introduction [0:00 0:44]
- 2. Terminology and Effects [0:44 9:26]
 - a. running vs. reverse, inside vs. outside
 - b. squirt, swerve, CB deflection
 - c. CB deflection effects
- 3. Back-Hand, Front-Hand, and Parallel English [9:26 16:57]
 - a. BHE, FHE, PE pivot drill
 - b. bridge length effects
 - c. cue elevation effects
 - d. when they work and when they don't
- 4. Natural Pivot Length [16:57 23:11]
 - a. drill to find natural pivot length
 - b. automatic stroke error correction
- 5. SAWS BHE-FHE Calibration [23:11 34:12]
 - a. BHE-FHE calibration drill
 - b. stroke length for speed control
- 6. Adjusting for Various Effects [34:12 43:52]
 - a. bridge length effects
 - b. draw/follow effects
 - c. cloth condition effects
- 7. Adjusting for Throw [43:52 1:00:04]
 - a. CIT vs. SIT
 - b. throw drill
 - c. gearing outside spin
 - d. 40% rule
 - e. aim compensation for throw
 - f. shot examples
 - g. summary of important effects
- 8. Game Situation Examples [1:00:04 1:17:06]
 - a. 18 interesting and important sidespin shot examples
- 9. Alternative Systems [1:17:06 1:21:14]
 - a. pure BHE
 - b. BHE for short/fast, FHE for long/slow
 - c. intuition and shot memory
- **10. Wrap-Up** [1:21:14 1:22:24]